

Spring/Summer  
2020

# FOOD FESTIVAL

By Aspens

7th Sept, 28th Sept, 19th Oct, 9th Nov, 30th Nov, 21st Dec

WEEK  
ONE

## MONDAY Family Faves

## TUESDAY Authentic Italian

## WEDNESDAY Baking British

## THURSDAY Food Festival

## FRIDAY Fun Day

### Main Event

#### Bangers & Mash

Pork chipolata served with mash, green beans and gravy ▲

#### Margherita Pizza

Cheesy tomato topped pizza with seasonal salad and garlic slice ▼

#### Roast Chicken

Boneless chicken with crispy roasties fresh cauliflower and gravy ▲

#### Chicken Curry

Marinated chicken thigh pieces in a mild curry sauce with rice and fresh courgettes ▲

#### Fish Fingers

Golden breaded Pollock or Salmon fish fingers with chips and peas

### Vegetarian Section

#### Quorn Bangers

Quorn sausages with mash, green beans and gravy ▼

#### Pasta Napolitan

Wholemeal Penne, tomato sauce seasonal salad and garlic slice ▼

#### Quorn Roast

Quorn with mash, fresh carrots and gravy ▼

#### Sweet Potato Balti

Lightly spiced sweet potato, chickpea and lentil curry with rice and fresh courgettes ▼

#### Picnic Pitta

Quorn dippers and minty cucumber salad with chips and pitta pocket ▼

### Jacket Potatoes

#### Crispy Skin Jacket Potato with Toppings ◆

#### Tutti Frutti Sponge

Dried fruit and cherry cake served with custard

#### Sticky Orange Cake

Zingy orange cake made with polenta

#### Cheesecake

Biscuit base with soft cheese and fruity topping

#### Chocolate Brownie

Served with Orange Slices

#### Cookie and Shake

Oat Cookie & Chocolate Milkshake

### The Finale

▲ Meat   ▼ Veggie   ◆ Jacket Potato

14th Sept, 5th Oct, 26th Oct, 16th Nov, 7th Dec

WEEK  
TWO

## MONDAY Family Faves

## TUESDAY Authentic Italian

## WEDNESDAY Baking British

## THURSDAY Food Festival

## FRIDAY Fun Day

### Main Event

**All Day Breakfast**  
Grilled pork sausage,  
baked beans, tomato  
and hash brown with  
bread and butter ▲

**Firecracker Pizza**  
Healthy pizza with a  
hint of chilli  
with mixed salad  
and wedges ▼

**Baked Gammon**  
Baked gammon with  
crispy roasties,  
broccoli  
and gravy ▲

**Chicken Korma**  
Marinated chicken  
thigh pieces in  
coconut curry sauce  
with rice and  
sweetcorn ▲

**Breaded Pollock**  
Lightly breaded white  
fish fillet  
chips and peas

### Vegetarian Section

**Veggie All Day  
Breakfast**  
Veggie sausage,  
baked beans, tomato  
and hash brown with  
bread and butter ▼

**Pasta Bake**  
Wholemeal Pasta  
with fresh basil tomato  
sauce and cheese  
with wedges ▼

**Cheese Pinwheels**  
Toasty cheese  
spirals with crispy  
roasties and  
cauliflower ▼

**Cauliflower Jalfrezi**  
Lightly spiced  
cauliflower and lentil  
curry with rice and  
sweetcorn ▼

**Beany Wrap**  
Wholemeal wrap  
stuffed with baked  
beans and cheese ▼

### Jacket Potatoes

**Crispy Skin Jacket Potato with Toppings** ◆

### Banana Loaf

Fruity banana bread  
cake

### Anginetti

Italian lemon drop  
biscuits

### Eton Mess

Crushed meringue  
and berry rippled  
cream

### Carrot and Pineapple Muffin

Spiced with  
Cinnamon

### Cookie and Shake

Ginger Cookie and  
Vanilla Honey Shake

### The Finale

31st Aug, 21st Sept, 12th Oct, 2nd Nov, 14th Dec

WEEK  
THREE

## Main Event

### MONDAY Family Faves

**Pizza Whirl**  
Cheesy pizza roll with  
tomato filling  
cobb salad and  
wedges ✓

### TUESDAY Authentic Italian

**Lasagne**  
Beef Bolognese  
layered with pasta  
topped with white  
sauce, garlic slice and  
house salad ▲

### WEDNESDAY Baking British

**Roast Chicken**  
Boneless chicken with  
mash, fresh carrots  
and gravy ▲

### THURSDAY Food Festival

**Chinese Chicken  
Curry**  
Marinated chicken  
thighs with curry  
sauce and rice ▲

### FRIDAY Fun Day

**Fishcakes**  
Mini white fish  
fishcakes with chips  
and peas

## Vegetarian Section

**Macaroni Cheese**  
Baked cheesy pasta  
with a crunchy  
topping and mixed  
salad and wedges ✓

**Vegetable Lasagne**  
Roasted Vegetables  
layered with pasta  
topped with white  
sauce, garlic slice and  
house salad ✓

**Quorn Roast**  
Quorn with mash,  
fresh carrots  
and gravy ✓

**Beany Enchilada**  
Mild chilli beans,  
peppers and onions  
with rice and  
sweetcorn ✓

**Vegan Sausage Puff**  
Quorn sausage  
wrapped in puff pastry  
with chips and peas ✓

## Jacket Potatoes

**Crispy Skin Jacket Potato with Toppings** ◆

## The Finale

**Italian Crumble  
Cake**  
Crumble top and  
bottom filled with  
apples served with  
custard

**Jelly and  
Fruit**  
Fruit flavoured jelly  
with extra fruit

**Ice Cream  
Tub**  
Vanilla ice cream with  
fruity toppings

**Apple  
Flapjack**  
Oats, apples and  
syrup home baked in  
a chewy bar

**Cookie  
and Shake**  
Lemon Cookie and  
Berry Milkshake